# **Progress Check Units 1-3**

## Vocabulary and Grammar

He

- 1 Complete the second sentence with the word in bold so that it means the same as the first one. Use no more than four words.
  - 1 I think it's relaxing to watch films with friends. FEEL

I feel relaxed when I watch films with friends.

2 He was very interested in art and painting. INTO

art and painting.

3 She found that reading poetry was boring. GOT

She when she read poetry.

- 4 Yesterday we went to the theatre, not the cinema. GO Yesterday we to the cinema, we went to the theatre.
- 5 I watch soap operas on Fridays and Sundays. TWICE

I watch soap operas

**2** Complete the text with one word in each gap.

When I<sup>1</sup> was twelve, my grandma gave me two baby rabbits for my birthday. They 2 very small and really cute. Now they're bigger, but they're still amazing. Their names are Fluffy and Snowy. They're quite easy to look after. I feed them and I brush them <sup>3</sup> day. I also have to clean their cage and buy food <sup>4</sup> them. Mum has an allergy to fur, so she <sup>5</sup> brushes them. My brother also wanted to get a pet.<sup>6</sup> weekend Mum took him to the pet shop and got him a fish.



#### **3** Complete the text with the correct form of the words in brackets.

Some people say teens are too much into technology, but I disagree. In my free time I watch video clips of my favourite <sup>1</sup>*musicians* (MUSIC) like Lorde or Lana Del Rey on my phone. For school projects I watch (DOCUMENT) on my computer. I also use my computer for shopping. Last week I bought some new <sup>3</sup> (TRAIN) from an online sports shop. I like talking to my friends on my phone. My best friend, Charlie, is a very <sup>4</sup> (CHAT) person, so we talk for hours! I get <sup>5</sup> (ANNOY) when people say teens use too much tech. It isn't true.

## Speaking

4 Complete the dialogue with the words below. There is one extra word.

about ask because believe realise sorry worry

- A: How do you feel <sup>1</sup>*about* game shows?
- B: If you <sup>2</sup> me, they're awful.
- A: Don't say that! I really like game shows.
- B: I'm <sup>3</sup> Maybe they are OK.
- A: Well, I'm feeling excited <sup>4</sup> my mum's on a game show today.
- B: I don't <sup>5</sup> it! You're kidding. Sorry again!
- A: Don't 6 Do you want to come and watch the show?
- B: OK. Maybe I'll like it after all!
- 5 In pairs, follow the instructions. Student A: Go to page 138. Student B: Go to page 144.

# Listening

6 Does your school have a website? What things are interesting for a school website?

#### 7 •) PC1–3.1 Listen to the dialogue. Match students 1-4 with things they do for the website a-f. There are two extra answers.

1	Julia	
2	Natalie	

- b chief editor Theo **c** photography
- 3 4 Arlo
- d articles

a design

- e animal blog
- f games blog

# Reading

# Wear it and feel it



Do you always wear black or white? Or do you choose clothes in different colours for different days? Maybe we don't know why we choose different colours, but read on to see how colours can change the way you feel.

Blue helps you to relax when you are stressed. It can also help your creativity. Put on a comfortable blue tracksuit and start painting or writing! But be careful. Blue is a cold colour, so if you feel sad, don't wear your blue hoodie. Choose a green one instead. The colour of trees is also relaxing and makes us think of nature.

Red and pink are the colours of love, but red is more energetic, so wear your favourite red dress when you go out with friends. Everyone will want to talk to you! But red can also make you hungry for junk food, so don't wear a red T-shirt every day!

Do you feel tired in the morning? Put on a yellow sweater. Yellow is the colour of the sun. It gives you energy and it can wake you up. Experts say yellow also makes us feel clever, so why not wear a yellow scarf or necklace when you have exams?

Finally, black and white. White helps you feel more confident. It is useful because it goes with everything! Black is a strong colour that can help a shy person feel confident too. Put on your black jeans when you are meeting someone new and match them with a white T-shirt.

- 8 Answer the questions. Then compare your answers with the class. 1 What are your favourite colours of clothes? 2 How do you feel when you wear clothes in these colours? **9** Read the article and complete the sentences with a word or a short phrase in each gap. 1 These two colours can help you feel more relaxed: blue and green. 2 These two colours make you feel full of energy: 3 If you go to an exam, wear something in this colour: 4 These colours can help you if you are shy: **10** Read the article again and choose the correct answer. 1 What does the writer say about clothes and colours? a We have too many choices. **b** They can change our feelings. c We always know why we choose them. 2 Why is it good to paint or write in blue clothes? a Because they make you creative. **b** Because blue is a colour of nature. c Because blue always makes you happy. 3 Why are red clothes a bad thing to wear every day? a They can make you fall in love. **b** They can take away your energy. c They can make you want to eat more. 4 What do experts say about the colour yellow? a It is good for us on sunny days. **b** It makes us feel tired. c It makes us feel intelligent. 5 Why is white a useful colour?
  - a It is good for any meeting.
  - b It matches all other colours.
  - c It makes you feel strong.

#### Writing

**11** Tick (**v**) the shows and performances that you like.

- dance shows
- films at the cinema
- street theatre
- plays at the theatre
- open-air concerts
- 12 Write a blog entry about a show or performance that you saw. Include the information below.
  - where and when you went
  - what you saw
  - how you felt